

# COLBY N. BRUNER

THEY/THEM | MS, LMFT

## PERSONAL PROFILE

As a member of the queer community, my passions have always been fueled by raising up voices of both individuals and communities which have had their voices marginalized, silenced, and erased. As a therapist, my focus has been on helping members of the queer community take their power back and find their path to healing and recovery.

## ACHIEVEMENTS

- Taught "Creating Safety for Queer Clients in the Therapy Room" at Friends University (Oct. 2022)
- Taught "Working with Queer Clients" at Friends University (Oct. 2020, Oct. 2021)
- Presented "The Lost Generation: Reclaiming Homonormative Relationship Structures in Two Novels" at the University of Nebraska at Omaha's "No Limits" Conference (March 2018)

## CONTACT INFORMATION

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www.kccharacterdevelopment.com

## PROFESSIONAL SKILLS

- Teaching, training, and facilitating groups
- Providing unconditional positive regard
- Organizing clinical paperwork and documentation
- Identifying community resources and creating materials to provide to clients
- Conflict Resolution
- Finding creative solutions to difficult problems

## PSYCHOTHERAPY GROUPS

- Bibliotherapy
- Coping Skills
- Creative Writing
- Creating Connection
- Family Systems
- Family Systems Through Music
- Identity Narratives/Formation
- Identifying and Cultivating Strengths
- Relationships
- Shame
- Spirituality
- Writing S.M.A.R.T. Goals

## POSITIONS HELD

### KC Character Development, LLC

Primary Therapist | January 2021 to Present

- Serving the queer community by providing care and therapy services related to relational and mental distress with an emphasis on identity development through narrative-based modalities while serving as a placement site mentor for student interns.

### McCallum Place Eating Disorder Treatment Center

Clinical Case Manager | July 2020 to May 2021

- Developed communication pipelines from briefings and disseminated time-sensitive information to treatment teams while completing concurrent insurance reviews for up to 16 patients.
- Facilitated five to seven psychotherapy groups while developing worksheets and inclusive lesson plans designed to help patients better their familial, romantic, and platonic relationships.

Behavioral Health Specialist/Intern | May 2019 to July 2020

- Provided direct care to patients by measuring vitals, providing all weekend meal therapy and crisis intervention, while completing and managing documentation.
- Facilitated seven to ten psychoeducational groups and supervised all weekend programming.

### Kansas State University, English Department

Graduate Teaching Assistant | August 2017 to May 2018

- Guided students through a transformative journey by modeling respectful ways to engage in conversations about race, sexual orientation, gender identity, and socioeconomic class through inclusive lesson plans designed to improve their written communication skills.

### T-Mobile Call Center

Messaging Specialist | October 2014 to July 2017

- Provided "Un-Carrier" customer service through written correspondence while demonstrating success supporting a new hire training class.

## EDUCATIONAL TRAINING

### Friends University

Master of Science in Family Therapy

- Aug. 2018 to May 2020
- Completed 500 client contact hours, 500 hours of professional experience, and 60 graduate credits while maintaining a 3.9 GPA

### Kansas State University

Graduate Certificate in Gender, Women's, & Sexuality Studies

- Aug. 2017 to May 2020
- Completed 17 graduate credits while focusing on Cultural Studies, Queer Literature, and Indigenous Literature.

### Bachelor's of Arts in English Literature

Minor in Women's Studies

- Aug. 2010 to May 2014
- President of Feminists Igniting Resistance & Empowerment (2014), member of SafeZone, and member of Triota: National Honor Society for Women's Studies.