

MARRIAGE & FAMILY THERAPY TIMELINE OF INFLUENCE

1877-1929

- 1877 | Social Work thought to have begun in Buffalo, NY
- 1909 | William Healy est. 1st Child Guidance Clinic in Chicago
- 1911 | Group of Social Workers formed *Family Service Association of America*
- 1917 | Mary Richmond wrote *Social Diagnosis*
- 1920 | Orthopsychiatry Movement
- 1922 | Earnest Groves develops 1st marriage prep course

1950-1959

- 1951 | Emily Mudd publishes *The Practice of Marriage Counseling*
- 1951 | John Bell begins family group therapy
- 1953 | Carl Whitaker publishes *Roots of Psychotherapy*
- 1953 | James Peterson begins first PhD training program for Marriage Counselors at University of Cali.
- 1953 | Palo Alto Group formed by Don Jackson
- 1954 | Bowen starts seeing families
- 1957 | Masters & Johnson begin working together at Washington University in St. Louis
- 1957 | Ackerman opened family mental health clinic at Jewish Family Services in NYC
- 1957 | Nagy founded EPPI
- 1959 | Richard Fish opens clinic at MRI

1970-1979

- 1970 | American Association of Marriage and Family counselors formed
- 1970 | Milan Group begins co-therapy
- 1972 | Bateson publishes *Steps to an Ecology of the Mind* (Comm.)
- 1974 | Minuchin publishes the most popular family therapy book ever written, *Families and Family Therapy (Structural)*
- 1978 | Steve De Shazer founded the Brief Family Therapy Center
- 1978 | Milan publishes *Paradox and Counter Paradox*
- 1978 | Bowen publishes *Family Therapy in Clinical Practice*

1990-1999

- 1990 | Four family therapy skills defined as structural, strategic, brief, and transgenerational
- 1991 | Tom Anderson begins use of "Reflecting Team Approach"
- 1992 | New focus on gender in therapy
- 1994 | Harlene Anderson & Goolishian introduce conversational therapeutics
- 1994 | Schwartz introduces *Internal Family Systems* model
- 1994 | MFTs became 5th "core" mental health profession

1930-1949

- 1932 | Emily Mudd established Marriage Counsel of Philadelphia
- 1935 | Abraham and Hannah Stone publish *Marriage Manual*
- 1938 | National Council on Family Relations formed
- 1942 | Conservation of Marriage and the Family Conference
- 1943 | Carl Whitaker starts seeing families in session
- 1945 | American Association of Marriage Counselors (AAMC) formed
- 1946 | Josiah Mercy Foundation Conference (Cybernetics)

1960-1969

- 1960 | Salvador Minuchin begins career as family therapist
- 1963 | CA law licensing MFTS passed
- 1966 | Masters & Johnson publish *Human Sexual Response*
- 1967 | Dr. Aaron Beck publishes first CBT book on *Depression*
- 1967 | Virginia Satir publishes *Conjoint Family Therapy*
- 1967 | Luigi Boscolo founded Family Therapy Institute of Milan
- 1967 | MRI publishes *Pragmatics of Human Communication*
- 1969 | Ludwig von Bertalanffy publishes *General System Theory*

1980-1989

- 1980s | The field begins to be influenced by feminism and Post-Modern Theory
- 1980 | Jay Haley: start of Strategic Therapy
- 1984 | Division of Family Psychology 43, American Psychological Association is formed
- 1985 | de Shazer: start of Solution-Focused
- 1986 | Nagy: start of Contextual Therapy
- 1986 | International Association of Marriage and Family Counselors (IAMFC) is formed
- 1986 | Henggeler begins Multisystemic Therapy w/ juvenile offenders
- 1988 | Women's Project in Family Therapy (Walters, Carter, Papp, & Silverstein) emphasized the absence of the voices of women in the creation of systemic theory.
- 1989 | Silverstein & Goodrich publish *Feminist Family Therapy*

2000-PRESENT

- 2004 | 50k+ MFTs licensed in US
- 2006 | *Family Therapy Magazine* launched
- 2009 | All 50 US states were licensing MFTs
- 2012 | AAMFT & IAMFC update Code of Ethics
- 2013 | DSM-5 released with new updates
- 2013 | Supreme Court rules Defense of Marriage Act (DOMA) unconstitutional
- 2013 | Supreme Court lifts restriction on same-sex marriage in California